



Republic of the Philippines
Department of Education
REGION X
DIVISION OF CAGAYAN DE ORO CITY

OFFICE OF THE DIVISION OF CAGAYAN DE ORO CITY
CAGAYAN DE ORO CITY
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Office of the Schools Division Superintendent

June 16, 2022

Memorandum

No. 172 s. 2022

**ESTABLISHMENT OF A FUNCTIONAL SCHOOL-BASED TEEN CENTER FOR
ADOLESCENT HEALTH AND DEVELOPMENT PROGRAM IN
ALL SECONDARY SCHOOLS**

**To: Chief - School Governance Operation Division
Chief- Curriculum Implementation Division
Public Secondary School Heads
All Others Concerned**

1. This pertains to the Division Memorandum dated June 14, 2019, re: Addenda to Division Memorandum No. 215 s, 2019 Symposium on Adolescent Reproductive Health, NDEP Smoking and Alcohol Control and Mental Health in all Secondary Schools, states that pursuant to DepEd Order No. 28, s. 2018 "POLICY AND GUIDELINES ON OPLAN KALUSUGAN SA DEPARTMENT OF EDUCATION" all public schools especially secondary schools is encourage to establish a functional local teen center. It is also to address the request of the Information and Service Delivery Network for Adolescent Health and Development (ISDN4AHD) and the Community Improvement Division – Oro Youth Center.

2. In reference to DOH Administrative Order No.34-A, s. 2000, Adolescent and Youth Health Policy, the Division of Cagayan de Oro thru the School Health Section, under the Adolescent Reproductive Health flagship of OK sa DepEd adopts and implements Adolescent Health and Development Program (AHDP) and the establishment of School-Based Teen Center for Adolescent-Friendly Health Facility.

3. In response to Executive Order No. 141 Adopting as a National Priority the Implementation Measures to Address the Root Causes of the Rising Number of Teenage Pregnancies, and Mobilizing Government Agencies for the Purpose, states that all member of HDPR cabinet cluster including the Department of Education to identify and implement as far as practicable interventions related to the prevention of adolescent pregnancies.



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3. Adolescence is defined as a period or stage or human development from puberty to pre-adulthood, usually from age 10-19 years old. According to World Health Organization (WHO) adolescence is a period of life with specific health and developmental needs and rights. It is also a time to develop knowledge and skills, learn to manage emotions and relationships, and acquire attributes and abilities that will be important for enjoying the adolescent years and assuming adult roles.

4. Therefore- this age group is vulnerable to physical, mental and emotional health risk because of the rapid changes they undergo. This somehow reflects on the increasing health risk behavior among our Filipino adolescents.

5. In order to effectively address the imposing risk to the adolescents and to provide and protect the rights of the Filipino learners to good education and improved health and to help Filipino learners complete basic education without the burden of health concerns. The Division deems that it is imperative to implement AHDP and establish School-Based Teen Centers.

6. This is a collaborative endeavor between DepEd, Community Improvement Division – Oro Youth Center, Population Commission and Development Region X and other stakeholders. As it is also support in the Comprehensive Sexuality Education (CSE) and School Health Framework may it shall be included in the School Improvement Plan (SIP) and the Annual Implementation Plan (AJP).

7. Attached are the guidelines on the operation of the School-Based Teen Center and the various services it offer (Annex A).

8. Immediate and wide dissemination of this Memorandum is desired.


CHERRY MAE L. LIMBACO-REYES
Schools Division Superintendent

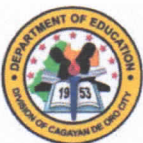
Encl.:as stated

To be indicated in the Perpetual Index

Under the following subjects:

CSE ARH Convergence Program

OKD/bing



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Annex A

Guidelines of School-Based Teen Center Operation

1. The various services that a school based teen center offers;
 - 1.1 Nutrition Support Services
 - a. Nutritional Status
 - b. Vitamin Supplementation
 - c. Physical Fitness Program
 - 1.2 Healthy School Environment
 - a. National Drug Education Program (NDEP} - Barkada Kontra Droga
 - b. School-Based STI, HIV-AIDS Education Program
 - c. Comprehensive Sexuality Education (CSE) - Curriculum Integration
 - d. Mental Health and Psychosocial Support and Services (MHPSS)/Psychosocial First Aid & Intervention
 - e. Tobacco Control Program
 - f. Wellness Program through fit-to age activities (indoor and outdoor) and life skills training.
 - g. Disaster Risk Reduction and Management and Emergency Response-organization of the First Aiders and Emergency Response Team
 - h. Enforcement of School Child Protection Policies/Anti-Bullying Campaign
 - i. Gender and Development (GAD) program
 - j. Peer Facilitation and Counseling
 - k. Social and Recreational Services
 - 1.3 School Health Service Delivery System
 - a. Clinic Operation
 - b. Deworming
 - c. School Based Immunization Program
 - d. Health appraisal and Profiling
 - e. Rapid HEEDSS assessment
 - 1.4 Recreational and Other Services
 - a. Board games
 - b. Sports equipment
 - c. Film Showing
 - d. Meeting and conferences
 - e. Focused Group Discussions
 - f. Research
2. The AHDP/School Based Teen Center could be coordinated by a PopDev coordinator, school health personnel or guidance coordinator/designate, with the assistance or other personnel namely, NDEP Coordinator, GAD Coordinator, TLE Coordinator, School Child Protection Committee, DRMM Coordinator and MAPEH & Values Coordinator and Teachers, with full accountability or the School Head.

2.1 Roles and Functions of the Teen Center Operators

2.1.1 PopDev Coordinator

- a. Facilitate and ensure the smooth operation of the teen center
- b. Consolidate plans of Guidance, NDEP, School Clinic and PopDev Club for the school year.
- c. Facilitate PopDev Club election and formulation of AHD program plans and strategies.
- d. Assist and mobilized PopDev Club for the implementation of Adolescent Health and Development Program strategies and advocacies in school and community.
- e. Monitor the implementation of AHD program and activities in school.
- f. Involve PTCAs and student organizations in teenage pregnancy prevention activities;
- g. Accepts referrals and assist clients in accessing teen center services.
- h. Makes referrals to other government agencies
- i. Maintain database on teen center clients.
- j. Facilitate the Home Environment, Education and Employment, Eating, peer-related Activities, Drugs, Sexuality, Suicide/depression, and Safety from injury and violence (HEEADSSS) assessment amongst clients at the teen center.
- k. Assist the LGU in the implementation of Adolescent Sexuality and Reproductive Health Classes and Learning Package for Parent Education and other AHD related advocacies.
- l. Collaborate closely with LGUs, other GOs and NGOs to intensify AHD campaign
- m. Consolidate and submit quarterly teen center report to the Oro Youth Center.

2.1.2 NDEP Coordinator

- a. Facilitate and formulate school year plan with barkada kontra droga officers on intensifying the campaign against drug abuse
- b. Assist and mobilized barkada kontra droga officers on the implementation of NDEP programs and activities.
- c. Monitor the implementation of NDEP program and activities in school.
- d. Accepts referrals and assist clients in accessing teen center services.
- e. Involve PTCAs and student organizations in drug abuse prevention activities;
- f. Makes referrals to other government agencies
- g. Collaborate closely with LGUs, other GOs and NGOs to intensify NDEP campaign

2.1.3 School Nurse/ Clinic-Teacher In-charge

- a. Responsible for classroom inspection to detect early signs and symptoms/disability of learners and checks on the proper sanitation and healthful living conditions of the school and community.
- b. Provide preventive and remedial measure for simple and common ailments and gives first aid treatment in the school.

- c. Conduct Visual and Auditory Screening, Height and Weight Measurement and Deworming of learners.
- d. Maintains functional clinic at the Teen Center.
- e. Makes referrals to other government agencies
- f. Assist in the development, design, implementation, evaluation, and monitoring of Sustainable Feeding Programs for the identified Severely Wasted and Wasted Learners of the Schools Division Office and submit needed reports.
- g. Ensure compliance and implementation of Nutrition Programs to Nutritional Standards in Food preparation.
- h. Establish/Strengthen linkages between education partners and stakeholders.
- i. Acts as resource person and participate in the information/dissemination on health matters such as classroom lectures, open forum.

2.1.4 Guidance Counselor

- a. Organizes functional and suitable guidance and counseling program
- b. Facilitate the Home Environment, Education and Employment, Eating, peer-related Activities, Drugs, Sexuality, Suicide/depression, and Safety from injury and violence (HEEADSSS) assessment amongst clients at the teen center.
- c. Facilitate the conduct of the rapid HEEADSS/ Psychosocial Assessment in all grade level at the beginning of the school year.
- d. Conducts counseling to clients
- e. Design and manage teachers' training on guidance-related topics enhancing their skills in effective student management
- f. Provides orientation and career counseling to students and hold parent teacher conferences.
- g. Assist the LGU in the implementation of Mental Health Awareness, Adolescent Sexuality and Reproductive Health Classes and Learning Package for Parent Education and other AHD related advocacies.
- h. Makes referrals to other government agencies
- i. Maintain and manage referral system in coordination with the teen center operators.
- j. Keep and maintain record pertaining to HEEADSS with full confidentiality.
- k. Coordinates with the community, NGOs and Gos for program support

2.1.5 PopDev Club

- a. Assist the Teen Center Operators in the smooth operation of the center.
- b. Make client referrals at the teen center.
- c. Assist teen center clients in accessing teen center services.
- d. Facilitate recreational activities and film showing at the teen center.
- e. Assist Teen Center operators on its campaign on Adolescent Health and Development / OK sa DepEd program such as ASRH and LPPED Classes, NDEP campaign, Mental Health awareness and other related advocacies and activities.
- f. Conduct room to room campaign on teen center programs and advocacies.
- g. Facilitate planning and conduct meeting among members.
- h. Help intensify the campaign on the prevention of sexual and non-sexual risky behaviors among young people booth in school and in the community.

3. All records pertaining to this concern must be handled and ensured with utmost care, safety and confidentiality. Recording and reporting of program implementation must be done by coordinator. Enclosed are relevant guidelines and templates/report forms to be utilized for quarterly reporting.
4. Schools are also advised to establish close partnership and linkage with other agencies for social mobilization, resource generation, technical assistance and operational support.
5. Expenses incurred in the operationalization of this program shall be chargeable against any available local funds (MOOE, 5% of GAD allocation, SEF LSB or other school IGP) and/or through partnership with respective Barangay Sangguniang Kabataan (SK) as recognized Adolescent & Youth Friendly Barangay/Facility.